# <u>insideoman</u>

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### **World Post Day founded**

Post Day was founded in the Swiss Capital, Bern, and made official by the UPU Congress in Tokyo, Japan in 1969. Post organisations worldwide use the event to promote new services, and increase awareness of the postal system.



## **@humaninterest**

A Swiss song of



#### KABEER YOUSUF

en Saskia Stauble, a Swiss woman, visited the Sultanate about nine months ago, she felt some positive energy gushing forth within her.

She had this unusual feeling as she was returning to her hotel with a friend and pianist, Michael Odermatt.

In the evening, they strolled on a beach and visited some mountains.

All the while, the otherwise lively Stauble was subdued.

She hardly uttered a word to her friend or the cabbie who were trying to cheer her up. As they returned to the hotel in the

evening, she began to weep for no reason. She pulled out a paper and pen, and

scribbled a few words about what she felt...

"Walk with me the wonderful beach; Salt in the air

*Run, run, you don't care* 

*Jump in the water – feel the wave – I know* you are so brave

You know all what you have is your memories Let me see your eyes then I see your soul"

As she finished penning these lines, she had overcome her emotions. She fell asleep.

The next morning, Stauble started off from where she had stopped.

"The Sultan of this country is the light of the sun; In his eyes you see the power of Oman The colour of Oman is love; Respect and *passion is the way – every day* 

*The colour of Oman is love* You touch my heart with your smile; Be a

part of this style

*Like the nature of this land* In Muscat you find a beautiful place".

Michael sensed the birth of beautiful, paralysed". highly emotional stanzas.

Soon, they returned to Switzerland, where she recited her poem at Chateau Gutsch, a of my life at the mercy of others. boutique hotel overlooking the city of Luzern and Lake Lucerne, to an elite European asked me 'is this what you really wanted crowd.

a standing ovation, and hugs and kisses in singing, you are blessed with a beautiful followed.

voice.





"I felt that was the end. I concluded I was destined to lead the rest here we are."

But deep within me, an unusual force seven countries. to be in life? Although you don't have a Before the duo ended their last one, degree from a music college nor experience

They are giving final touches to their album, 'Colour of Oman', which will soon hit the charts and the satellite frequencies of Oman TV and Radio.

deeply in love with music and need a partner who can be with me and scale newer heights in music."

"I received replies from hundreds of musicians, some of whom I met at different places but none could strike an emotional chord with me.

When Michael, a pianist known to me, said, 'I can', I felt a sincere soul in him, and

The Swiss duo has travelled to more than

Their performance was well received even before they visited Oman.

"One of our friends who knows our passion (for music) asked us if we had visited Oman.

An inspired Stauble decided to bring out a musical album on Oman.

They visited the Sultanate again.

At the City Seasons Hotel, they are giving final touches to their album, 'Colour of Stauble. Oman', which will soon hit the charts and the satellite frequencies of Oman TV and Radio.

Stauble doesn't hold a degree in music she wanted to. from any university nor does she has any background in music.

She worked in hotels and restaurants back home until 2010, but she was always could travel freely. passionate about singing.

However, fate struck her in the form of a 'Dust of Soul', on Facebook. brain stroke.

Doctors declared that she was "half

It is my gift for you. Make use of it'. And the voice disappeared,"

said Stauble.

The following days saw a rejuvenated

Within a few days, she left the hospital. She decided to quit her job and go where evening breeze of Muscat...

She sold off her small flat and her possessions.

She kept a bag and some necessities so she

She formed a group of music lovers, called

In no time, it received thousands of likes. On her Facebook post, she said: "I am The colour of Oman is love"

We gave it a thought. Early this year, we made our first visit and

the rest is history," they said. As they continued to compose their music

album, we bade them adieu. The following lines followed us with the

"Arabian Nights, Arabian Days; Smell the coffee;

You feel this is the city to be

The colour of Oman is love, respect and passion is the way – every day *Home, sweet home, be never – never alone Light and wisdom is the way – every day* 

### **O** culture

# Unbeatable, they play 'garba-dandiya' on wheelchairs

#### QUAID NAJMI

t several suburban Navratri venues in Mumbai, revellers suddenly stop in their tracks to view and admire a young man and a woman as they join the ongoing 10-day dance festivities - on wheelchairs.

The duo occupies centre-stage at venues teeming with several thousands of dancers, and seated in their wheelchairs, they swing to the lilting tunes and musical beats — but with hand movements (garba) and later with dandiyas (sticks). There is also a deaf girl who can barely hear the cacophony around her, but she quietly "follows" the dance-steps of the individual before her and virtually melts into the crowds.

The trio belong to 'Rasleela — Master the Art of Garba' dance troupe run by hotelier-cumchoreographer Hardik Mehta in the Kandivali suburb. "Probably inspired by the success of our interior designer. All of them live in the suburbs. paralympians and other prominent personalities who have conquered their physical disabilities, these three students have mustered great courage to do something which they love," Mehta said.

The students are: Siddhi Shah, 30, working as



Teacher Hardik Mehta with students at Rasleela dancing class in Mumbai.

Shah, 26, working as a realtor — both wheelchairbound — and hearing-disabled Jesal Shah, 30, an

The trio learnt of Rasleela through its social media networks and got in touch with Mehta who terms it "as the most unexpected request" for learning navratri dances.

"I was hesitant initially, but when I saw their performed sitting in their wheelchair. a senior executive in a private company, Dhaval passion to learn dance and challenge their own

disability, I took up the gauntlet. I even decided to waive off the course fees for them and they have not disappointed me," Mehta smiled.

To enable Siddhi and Dhaval make the best of the opportunity, Mehta and his team of teachers designed special "hand movements" - instead of normal dancing steps - which could be It clicked with the duo.



Hardik Mehta with student Siddhi Shah.

They managed to pick it up so well that they now confidently travel with a 45-member during the ongoing season.

Both Siddhi and Dhaval are guided to a central 2015. location and they join the dancers — seated in the major venues.

But dancing requires immense stamina; so they perform the rhythmic hand movements for 15-20 minutes, take a short break of five minutes, and resume, Mehta explained.

Enjoying the navratri for the first time with her newly-imbibed talent, Siddhi is all energetic, loves moving around on the wheelchair to join different groups of revellers at various venues and recently even travelled for a session to Surat, Gujarat, he adds proudly.

"I now feel I belong to the huge navratri family; I have learnt a lot of easy and difficult hand movements.

It was tough, but there cannot be excuses for anything," said Siddhi, who is also an avid traveller.

"It was only after joining this class that I felt confident - especially with Mehta who took so much trouble to train me," Dhaval said.

Jesal's hearing disability was a major dampener Rasleela troupe to various top navratri venues for her sheer passion for dancing, especially during navratri, and she joined Mehta's classes in

"She uses a hearing aid in normal course, but their wheelchairs — to the loud blaring music it's of little use in the open grounds... she could and even live orchestra performances at some of easily get out of rhythm or bump into the others dancing around her. — IANS